Hello all! My name is Anas Arwini and I’m a second-year medical student at the University of Saskatchewan. Born in Halifax, my family moved to Saskatchewan where I was raised in Swift Current and Regina. I completed my B.Sc. Honours degree in Psychology at the University of Regina after completing a research project focusing on reproductive psychology and specifically, the complex realities around family planning for female (AFAB) graduate students. Now, I live in Saskatoon where I’m privileged to study medicine.

I love to read, do escape rooms, play board games, do crosswords, and still go for a night out with friends. My favourite book is *The Count of Monte Cristo*, which was very lengthy but very worth the read. If you have any book recommendations, you should let me know! We’ve finished every escape room in Saskatoon, so we’ve started to do them in other cities. I also love a late-night café, and make it a mission to look for a good one wherever I am.

I’ve had a great time getting to know my medicine cohort and being involved. I have a strong passion for education and mentorship, so I am lucky to be heavily involved in those areas. I’ve also been gravitating towards neurology, so my research projects are centering around both neurology and mentorship supports in our program. Having the opportunity to meet other lovely people has been my favourite part of school, and I’m looking forward to seeing where we eventually end up!